



Super Goat Leg #4: Thornden Park Out & Back 4.66 Miles Total

- Leave The MOST and head east on Jefferson St.
- L on E. Onondaga St.
- R on E. Genesee St
- R on S. Crouse Ave
- L on Madison St.
- Continue into Thornden Park
- Circle the water tower at top of hill
- Return back to The Most, same route, in reverse